



Revised: Mar. 2004

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Date of birth: 1955 july 30  
Nationality: Danish  
Married to: Hanne Aalberg - Bioanalyticist  
Children: Lena - born 1989  
Mette - born 1991



**Schools / Universities attended:**

Korskilde Boarding School, 4733 Tappernøje	1962 - 1972
Herlufsholm Gymnasium 1.gmy, 4700 Næstved	1973 - 1974
Danish School of Optometry, Copenhagen, Denmark. (Graduated 1978)	1973 - 1978
Contact lens education course at London Refractive Hospital, London UK	1980
Sønderborg Business School Single Courses, Math level 4	1984
Sønderborg Business School Single Courses, Accounting level 4	1985
Advanced Contact Lens Course (KL 2), Danish school of Optometry	1984

Baltimore Academy for Behavioral Optometry, USA, BVC1 + VT1	1992
Baltimore Academy for Behavioral Optometry, USA, VT2 + VT3	1993
Baltimore Academy for Behavioral Optometry, USA, BVC2	1994
Baltimore Academy for Behavioral Optometry, USA, COVD preparation course	1995
CLAVIS College of Optometry and Applied Visual Science - Master Program	
University of Latvia, Riga and Midsweden University, Sweden. M.Sc. progr. optometry	1999 - 2001
B.Sc. Supplemental Program	2001 - 2002
ScanCOVIS – Scandinavian College of Optometry and Vision Science M.Sc. Program	2002
ScanCOVIS – Scandinavian College of Optometry and Vision Science / project pending	
Due to lack of competent supervisors in Danish Universities	

**Qualifications:**

Optometric Qualifying Examination	1978 Jan.
Danish Optometric Joint Committee, CL Course 2	1984
Danish Optometric Joint Committee, Ocular Disease and Pharmaceutics Course	1985
Baltimore Academy for Behavioral Optometry, USA, BVC1 + VT1	1992, March
Baltimore Academy for Behavioral Optometry, USA, VT2 + VT3	1993, Jan.
Baltimore Academy for Behavioral Optometry, USA, BVC2	1994, Jan.
Baltimore Academy for Behavioral Optometry, USA, BVC2	1997, Jan.
BABO - COVD preparation Course	1995, Jan.
Certified Fellowship Examination (F.C.O.V.D)	
College of Optometrists in Visual Development Chula Vista, California, USA	1995, Oct.

**Professional Activities / Appointments:**

Employed by Brillehuset, Ramsherred, Næstved	1974 - 1979
Contact lens Optometrist at Synoptik, Sønderborg	1979 – 1984
Chief Optometrist at Cristen Bruun Optik, Haderslev	1984 - 1986
Self-employed in private practice, Padborg.	1988 - 1999
Self-employed in private practice, Sønderborg.	1999 - still active
Clinical/Educational associate Kraskin and Skeffington Institute, Slangerup	1999 - still active
Clinical associate Skive Synspejlekllinik, Skive	2001- 2002
Clinical associate Oculi Optik, Nørre Aaby	2002 – still active
Member of the Danish Optometric Association.	1980 - 1994
Member of the Danish Society of Optometry.	1982 - 1990
Member of the Danish Contact Lens Society.	1981 - 1990
Optometric Extension Program (OEP) - Clinical Associate	1989 - still active
Council member of the Scandinavian Congress of Optometry (SOKKO)	1990 - still active
Member of the Danish Optometry and Contact Lens Society, DOKS.	1990 - still active
Council Member of DOKS Committee of Ethics	1994 - still active
College of Optometrists in Vision Development membership	1992 - still active
Clinical Director European College of Optometry and Vision Science	1998 - still active
Member of Danish Optic Society (DOPS)	1998 - still active
Appointed as external examiner at the Danish school of Optometry (RTS)	1999
Board member of CLAVIS College of Optometry and Applied Visual Science	1999 - 2001
Vice President for Danish Optometry and Contact lens Society (two year period)	1990 - 1992
Vice President for Danish Optometry and Contact lens Society (two year period)	1992 - 1994
President for Danish Optometry and Contact lens Society (two year period)	1995 – 1997
President for Danish Optometry and Contact lens Society (two year period)	1997 - 1999
Board member of ScanCOVIS – board of directors	2002 - still active

**List of publications:**

- "Our Neural Network and a Theory of Memory"* In Transcript from the 39<sup>th</sup> Annual Invitational Symposium on Vision, VA. Jan. 1994
- "What is Stress, How do we deal with it, and what is the purpose of reflexes"* In Transcript from the First European Skeffington Invitational Symposium, Brussels 1995
- "Headacke and it's Relations to Vision"* ("Hovedpine med Synsrelationer") Danish publ.: "Krop og Fysik" Aug. 2000
- "Vision and Brain Damage"*, ("Syn og Hjernesker") Danish publ.: "Hjernesagen" 4, Nov. 2000
- "Problems and Limitations in Use of VDT-/ Computer- / and Internet Based Vision Training Programs"* "Optikeren", Danish Optometric Journal Nov. 2000
- "Vision and Reading"* Danish publ.: SKOLEN, 2002
- "Dyslexia" and visual disorders"* Danish publ.: SKOLEN, 2002

**Papers presented at conferences:****"Our Neural Network and a Theory of Memory"**

At the 39<sup>th</sup> Annual Invitational Symposium on Vision, Rosslyn. VA. Jan. 1994

**"What is Stress, How do we deal with it, and what is the purpose of reflexes"**

At the First European Skeffington Invitational Symposium, Brussels 1995

**"Our Neural Network and Visual Behavior"**

At Scandinavian Optometry Congress in Snekkersten, Denmark oct. 1994

**"The Picture in The Inner Eye"**

At the 45<sup>th</sup> Annual Invitational Symposium on Vision, Rosslyn. VA. Jan. 2000

**"Stress Point Retinoscopy"**

At D.O.K.S. meeting

**"Retinoscopy-exam of Children."**

At Scandinavian Optometry Congress in Göteborg Oct. 1999

**"Visual Function and Job specific use of Magnification"**

At Danish Dentists Yearly Congress Mar. 2002

**"Vision and Dental Work"**

At Danish Dentists Congress Sep. 2003

**"Motivation of Kids and Infants During Examination and Training Sessions"** at

Scandinavian Congress of Optometry and European Congress of Behavioral Optometry, Copenhagen, Dec. 2003

**Professional awards:**

- Best Study Group / Experience Exchange Group in Denmark (The Iris Group) 1995
- Appreciation of lectures, "Motivation of Kids and Infants During Examination and Training Sessions" at Scandinavian Congress of Optometry and European Congress of Behavioral Optometry, Copenhagen, Dec. 2003

**Special interest and goals within Optometry:**

Since 1986 I have been in private general optometric vision care practice in the southern part of Jutland. After completing Fellowship in C.O.V.D. in 1995, since when I have been mainly occupied in education, vision training and remediation of functional visual problems, including those caused by brain injury. This work supports my main interest is vision, as it develops through interaction of sensor and motor components of the human organism and nervous system. I find it exiting how theories of self organizing complex systems and chaos often apply to vision, as to many other aspects of our world. I put special interest to educational and developmental aspects on the field of vision. My primary goal is to constantly increase my level of understanding of the nature of light and human vision, and bringing this knowledge to action.

**Activities in 1978-1990**

- Participant at various internal seminars for optometrists in Synoptik
- Contact lens education course at London Refractive Hospital, London UK 1980
- Danish Optometric Joint Committee, CL Course 2 1984
- Danish Optometric Joint Committee, Ocular Disease and Pharmaceutics Course 1985
- Participant at various seminars mainly in Danish Society of Optometry and Danish Contact Lens Association
- Participant at a Tecnic Information Center - Development Program for Small Businesses and Leadership running 1day monthly over a two year period

**Activities in 1990**

- Participant at Scandinavian Optometry Congress in Göteborg, Sweden. Theme: Sportsvision

**Activities in 1991**

- Participant at Scandinavian Optometry Congress in Snekkersten, Denmark. Theme: Behavioral Optometry
- BVC1 & VT1 course Baltimore Academy for Behavioral Optometry

**Activities in 1992**

- Participant at Seminar & Scandinavian Optometry Congress in Leankollen, Norway. Theme: Child & Vision, Vision & Learning
- Participant at American Academy of Optometry Congress, Stratford upon Avon, England
- OEP - Southern California Vision Forum (7 hours credit)
- Annual C.O.V.D. meeting, Newport Beach, California

**Activities in 1993**

- VT2 & VT3 course, Baltimore Academy for Behavioral Optometry
- Participant at Invitational Skeffington Symposium on Vision, Rosslyn, Virginia
- Participant at Scandinavian Optometry Congress in Göteborg, Sweden. Theme: Vision Disorders and their impact on Life
- D.O.K.S. two day seminar on Behavioral Optometry on Danish School of Optometry

**Activities in 1994**

- VT2 & VT3 course, Baltimore Academy for Behavioral Optometry
- Participant at Invitational Skeffington Symposium on Vision, Rosslyn, Virginia
- Participant at Scandinavian Optometry Congress in Snekkersten, Denmark. Theme: Behavioral Approaches to Lens Prescribing / Our Neural Network and Visual Behavior

**Activities in 1995**

- C.O.V.D. Prep Course, Baltimore Academy for Behavioral Optometry
- Participant at the First European Skeffington Invitational Symposium, Brussels 1995
- Participant at Danish Optometry and Contact Lens Association (D.O.K.S.) seminar "Vision Training in Action", Robert A. Kraskin, O.D., F.C.O.V.D.
- Participant at Invitational Conference on Clinical Vision Care
- Participant at Scandinavian Optometry Congress in Snekkersten, Denmark. Theme: Optometric Management of Nearpoint Vision Disorders.
- Participant at The Annual C.O.V.D. Conference, Theme: Infant Development, Diagnosis and Therapy

**Activities in 1996**

- Participant at the European Invitational Skeffington Symposium on Vision - Snekkersten
- Participant at American Academy of Optometry Congress, Copenhagen, Denmark
- Participant at course "Reflexes" - IRIS gruppen, Denmark
- Participant at the Invitational Conference on Clinical Vision Care, Memphis, USA
- Participant at Scandinavian Optometry Congress in Jönköping, Sweden. Theme: Myopia

**Activities in 1997**

- Participant at Invitational Skeffington Symposium on Vision, Rosslyn, Virginia
- BVC2 course Baltimore Academy for Behavioral Optometry
- Participant at Danish State Eye Clinic Seminar on Low Vision, Hellerup.
- Participant at The First European Congress for Behavioral Optometry, London, England.
- Participant at "5 days with Harry Wachs" (Vision Training) Hillerød, Denmark.
- Participant at the Invitational Conference on Clinical Vision Care, Memphis, USA
- Participant at IRIS-Group special seminar on reflexe
- Participant at Scandinavian Optometry Congress in Snekkersten, Denmark Theme: Vision and Neurology from Fetus to School age, Albert A. Sutton, O.D. M.Sc., F.C.O.V.D.
- Participant at IRIS-Group "The Brain" Neuropsychologic workshop attended

**Activities in 1998**

- Participant at the Skeffington Invitational Symposium on Vision - January - Washington, USA.
- Participant at Danish State Eye Clinic Seminar on Low Vision, Hellerup. Patient Centered Low Vision Optics
- Participant at course in Reflexes IRIS-gruppen - Swedish Institute for Neurophysiological Psychology
- Participant at DOKS meeting "Internet and Optometry"
- Participant at Danish Optometric Association seminar on Education
- Participant at the DOKS general meeting.
- Participant at the Don Gets Strabismus Seminar, place: Heden 14, 7860 Spøttrup
- Paper given at the 4<sup>th</sup> European Robert Kraskin - Skeffington Symposium on Vision held in RIMINI
- Participant in the Scandinavian Congress of Optometry, Oslo, Norway "Vision in behaviour-anomalies and brain-injuries"
- Participant at the DOKS course: "Ocular Neurology 1."

**Activities in 1999**

- Participant at the DOKS course: *Ocular Neurology 2.*
- Participant at the DOKS course: *Ocular Neurology 3.*
- Participant at the DOKS Annual Meeting. Course: *Fitting RGP Contact Lenses*
- Participant at the European Invitational Skeffington Symposium on Vision - Snekkersten
- Enrolled at the CLAVIS master of science course in Uppsala, and at the University of Latvia (4 semester course over 2 years)
- Participant at the DOKS course: *Stress Point Retinoscopy*

- Participant in the Scandinavian Congress of Optometry, Göteborg, Sweden. Themes: Ocular Neurology, Motor and Vision development in Children, Visual Acuity, Convergence Excess, Corneal Changes – case. Retina, Retinoscopy-exam of Children.
- Participant at DOKS –meeting “Retina” RTS, Sep.1999
- Participant at the weekend course in Denmark, given by Thorkild Rasmussen & Lena Reuterhall - Basic Reflexes - testing and remediating
- Lecturer in “Child Examination” at optometry seminar, Ikast, Denmark

**Activities in 2000**

- Participant at Invitational skeffington Symposium on Vision, Rosslyn, Virginia. Jan.
- Participant at DOKS and Danish Optometric Association seminar on Education
- Lecturer at course for teachers on “Vision and Learning” Dänisher Schulverein, Flensburg, Germany
- Participant at DOKS annual meeting, themes: LASIK, CJD prion-infection risk from contactlenses
- Lecturer on “Child’s Vision” At Child Care Personnel Meeting, Denmark. Mar.
- Lecturer on “Child’s Vision age 0-3 years” At Child Care Personnel Meeting, Sønderborg, Denmark. Sep.
- Lecturer on “Child’s Vision and Development” At Physiotherapist Symposium, Denmark. Mar.
- Lecturer on “Child’s Vision” At School Nurses Symposium, Denmark. Apr.
- Paper given at the 6<sup>th</sup> European Kraskin Invitational Skeffington Symposium on Vision held in Korsør, Denmark. May.
- 4 days with Al Sutton, O.D. - Vision & Development - Spøttrup, Denmark - June 1-4
- Lecturer on “Child’s Vision” At Child Care Personnel Meeting, Denmark. Sep.
- Participant CLAVIS Master Course part in Riga Oct. 9-13
- Lectures Given on Vision Development and Behavioral Optometry Om M.Sc. course in Midsweden University, Uppsala, Sweden
- Participant CLAVIS Master Course 8 week-ends

**Activities in 2001**

- Lecturer at the DOKS meeting “Visual examination in children”
- Participant at the 7<sup>th</sup> European Kraskin Invitational Skeffington Symposium on Vision held in Skælskør, Denmark
- Lecturer at seminar for child health care professionals on “Vision, Development and Learning”
- Participant at “New Neurological Understanding of 3D-Vision” D.O.K.S. meeting
- Lecture given to Profil Optik – Denmark - “Details from the Vision Examination”
- Lecture given at D.O.K.S. seminar “Vision Examination in the Child”
- Participant at the D.O.K.S. meeting “SuperVision”
- Participant at “Three Days with Harry Wachs” ECOVIS seminar on vision and child development.
- Participant at the D.O.K.S. work-shop on indirect ophthalmoscopy
- Lecturer on “Vision and Aging” at a seminar for senior citizens
- Lecturer on “Child Vision age 0 to 7” at a seminar for school personnel
- Lecturer at M.Sc. course in Vision Development
- Participant at the Scandinavian Congress of Optometry
- Participant ScanCOVIS M.Sc. course continued

**Activities in 2002**

- Participant at the Kraskin Invitational Skeffington Symposium on Vision - January - Washington, USA.
- Participant ScanCOVIS B.Sc. supplemental course 1 semester (spring)
- Lecturer at meeting for Sound Therapists (Wolff-method) on vision and hearing
- Paper given at the 8<sup>th</sup> European Kraskin Invitational Skeffington Symposium on Vision held in Skælskør, Denmark
- Instructor on workshop “Test an Training for Teachers”
- Lecturer on “Child’s Vision age 0-6 years” At a seminar for parents and Child Care Personnel, Deutscher Kindergarten, Hadersleben. Oct.
- Participant at the Scandinavian Optometry Congress, Stockholm, Sweden Main theme: Ocular Motor Function and Structure
- Lecturer at course for Child care personnel “Vision and Intelligence enhancement”
- Lecturer at course for teachers “Preschool Child Vision”, Aabenraa, Oct.
- Lecturer at D.O.K.S. meeting “Structure of Scientific Articals”
- Participant at “Corneal Topography and Mapping” seminar by Con-Lens, Horsens
- Participant ScanCOVIS M.Sc. course continued

**Activities in 2003**

- Lecturer, short introduction to vision related learning problems, Udby Behandlingshjem, Fyn, January
- Lecturer at course for kindeergarden personel and parants “Preschool Child Vision”, Haderslev
- Lecturer at meeting for Seniors, “Do Not Retire Your Vision!”
- Participant at the D.O.K.S. meeting “The Safe Refraction – Illusion or Reality” Error, Reliability and Clinical Guidelines
- Participant and Lecturer in The 9<sup>th</sup> European Invitational Skeffington Symposium on Vision
- Lecturer and instructor, 60 hours Special Education Program on Vision and Learning for Swedish Special Teachers. Sensomotorisk Centrum, Mjölby, Sweden.
- Participant in Overnight Keratology, 2-day seminar, Horsens, Denmark (arranged by Con-Lens)
- Participant in Ortho Keratology Fitting and aftercare course, Horsens, Denmark (Lecturer: Hans Bleshøj, optometrist, Ph.D)
- Participant at the Invitational Conference on Clinical Vision Care, Memphis, USA
- Participant in “Clinical Guidelines for Managing the Myopic Client”, Paul A. Harris, O.D., F.C.O.V.D., F.A.B.O.
- Lecturer at Dentists Annual Meeting, Middelfart. “Binocular vision and Use of Magnification Optics in Dental Work”
- Lecturer at Week-end seminar arranged by Profil Optik Denmark, Progressive Lenses and Presbyopia, VDT-Work and Related Visual Problems, Clinical Error Sources
- Participant, Nordic Kontaktlens Congress, Århus, Denmark

- Participant in conference on care and treatment regimen for patients with acquired brain damage (arranged by VFHJ) Copenhagen, Nov.
- Lecturer at Scandinavian Congress of Optometry, Copenhagen, Dec. 2003
- Lecturer at European Congress of Behavioral Optometry, Copenhagen, Dec. 2003
- Participant in "Child Examinations", Copenhagen Dec. / Greg Kitchener O.D., FCOVD

### Activities in 2004

- Participant in Baltimore Academy for Behavioral Optometry, Sports Vision
- Participant in Vision and Nutrition, essential fatty acids (IRIS-group)
- Participant in Baltimore Academy for Behavioral Optometry, Traumatic Brain Injury – Patient Management and Vision Therapy